

Exclusive Vein Care

Medical History

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

Email address: \_\_\_\_\_

Emergency contact/relationship: \_\_\_\_\_

Circle any of the medical issues if you have or have had

- |                             |                     |                             |
|-----------------------------|---------------------|-----------------------------|
| Anemia/Blood disorder       | Anxiety             | Arthritis/Orthopedic issues |
| Asthma/emphysema            | Atrial Fibrillation | Back problems               |
| Bleeding/clotting problems  | Cancer              | Chemotherapy/Radiation      |
| Deep vein thrombosis (DVT)  | Defib/Pacemaker     | Depression                  |
| Diabetes                    | Scarring (Keloids)  | Fear of needles             |
| Heart attack                | Heart disease       | Heart valve disorder        |
| Hepatitis                   | High blood pressure | Liver disease               |
| Lung disease/COPD           | Lupus               | Migraine headaches          |
| Phlebitis                   | Pigmentation prob   | Poor wound healing          |
| Problems that limit walking | Stroke/TIA          | Thyroid disorder            |

Urinary problems

Women: Number of pregnancies \_\_\_\_\_ Currently pregnant or breastfeeding? \_\_\_\_\_

Primary care or other regularly consulted physician(s) \_\_\_\_\_

Do you smoke? Never \_\_\_ No \_\_\_ Yes \_\_\_ Currently \_\_\_ Discontinued when? \_\_\_\_\_

Do you drink alcohol? No \_\_\_ Yes \_\_\_ Amount If yes, glasses/day or week? \_\_\_\_\_

Details of medical history

\_\_\_\_\_  
\_\_\_\_\_

Surgical History List type of surgery and approximate date.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Medical History, page 2

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_

Allergies

Any drug allergies or sensitivities?-list the drug(s) and type of allergy or sensitivity

\_\_\_\_\_  
\_\_\_\_\_

Any contact allergies such as tape, Band Aids, latex?-list items

\_\_\_\_\_

Medication List

Name of medication      Dose/frequency      Prescriber

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Vein Problems-history

Varicose veins (large veins) Circle location: Right leg Left leg Both legs Other locations

Spider veins (small veins): Circle location: Right leg Left leg Both legs Other locations

Vein related symptoms-Circle any symptoms (Be aware that varicose or spider veins do not have to be visible to cause these symptoms.)

Pain Aching Bleeding Heaviness Itching Leg cramps Foot cramps Leg and/or foot swelling

Foot pain including heel spur/plantar fasciitis pain Numbness Pressure Phlebitis Throbbing

Restless legs Tingling Tired legs Persistent rash on lower leg Brown discoloration of the leg(s)

When did your symptoms start? \_\_\_\_\_

Did your symptoms start with (circle which ones)? Physical trauma Pregnancy

Do any family members have varicose veins? \_\_\_\_\_

Do your legs feel better when you elevate them? \_\_\_\_\_

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Medical History, page 3

Name \_\_\_\_\_

Have you worn prescribed compression hose? \_\_\_\_\_ If yes, did they help? \_\_\_\_\_

Do you take any medications, OTC or prescribed, for vein related symptoms? \_\_\_\_\_

Have you had any vein treatments in the past-circle which? Injections/Sclerotherapy Endovenous laser  
or radiofrequency ablation Vein removal-phlebectomy Vein glue If yes, when? \_\_\_\_\_

Details of vein treatments \_\_\_\_\_

List any activities that are limited by your symptoms. These may include walking, standing or sitting at  
work or doing chores at home, shopping, child care, etc.

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Space for additional notes concerning any pertinent information not noted elsewhere.